



CONTRIBUTIONS

BY AGE

Remember all kids will need your help to learn what is expected. It is important to be specific, consistent, and patient as your children learn each task.

AGE 2-3	AGE 4-5	AGE 6-7	AGE 8-10
<p>Self-Care Chores</p> <ul style="list-style-type: none"> • Brush Teeth • Get Dressed • Pajamas • Pick Up 21 things • Pick Up Toys • Put Dirty Clothes in Laundry Basket • Put Stuff Away When Coming In • Take Nap <p>Household Chores</p> <ul style="list-style-type: none"> • Clean Bathroom sink(s) & Counter(s) • Dust Room(s) • Feed Pet(s) • Pick Up Outside Toys • Pick Up Sticks • Wipe Down Cabinet Fronts & Appliances • Wipe Down Knobs, Switches & Railings 	<p>Self-Care Chores <i>Previous Chores Plus</i></p> <ul style="list-style-type: none"> • Bath Shower • Clear Your Dishes • Exercise • Extra Reading • Learn Home Address • Learn Phone Number • Make Bed • Practice Instrument <p>Household Chores</p> <ul style="list-style-type: none"> • Clean Shoe & Coat Area • Fill Hand Soap & Replace Towels • Get Mail • Match Socks • Plant Care • Unload Dishwasher • Unload Groceries/ Shopping • Vacuum Couch and Chair Cushions • Wash Windows 	<p>Self-Care Chores <i>Previous Chores Plus</i></p> <ul style="list-style-type: none"> • Brush Hair • Clean Bedroom • Extra Math • Homework • Put Away Clean Clothes <p>Household Chores</p> <ul style="list-style-type: none"> • Clean Bathroom Mirror(s) • Clean Dining Room • Clean Family Room • Clean Glass Surfaces • Clean Living Room • Clean Play Room • Clean Shower/Bathtub • Clean Up After Pet(s) • Clear And Wipe Down Table • Load Dishwasher • Set Table • Sweep Floor(s) 	<p>Self-Care Chores <i>Previous Chores Plus</i></p> <ul style="list-style-type: none"> • Organize Drawers • Organize Your Closet • Pack School Bag • Take Vitamins <p>Household Chores</p> <ul style="list-style-type: none"> • Clean Bathroom(s) • Clean Microwave • Clean Toilet(s) • Exercise Pet(s) • Fold Laundry • Make Meal(s) • Take Out Recycling • Take Out Trash • Vacuum Room(s) • Wash And Dry Load(s) of Clothes • Wash Dishes • Wash Floor(s) • Wash Vehicle • Weed Garden

<p>AGE 11- TEEN</p>	<p>Self-Care Chores <i>Previous Chores Plus</i></p> <ul style="list-style-type: none"> • Purge Clothes That No Longer Fit 	<p>Household Chores</p> <ul style="list-style-type: none"> • Clean Garage • Clean Kitchen • Outside Work • Shovel Snow or Rake Leaves
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